

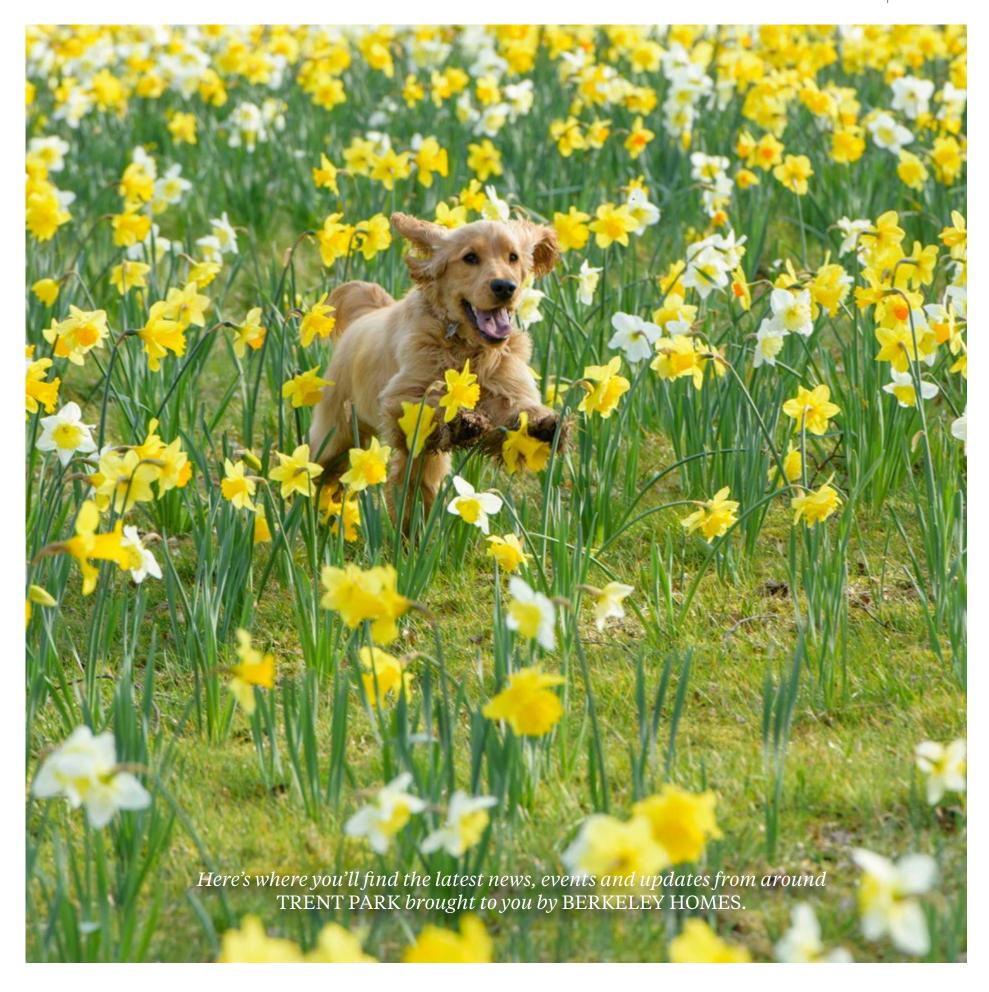
THE TRENT TIMES

- SPRING/SUMMER EDITION 2023

A round up of the best ways to keep an active lifestyle.

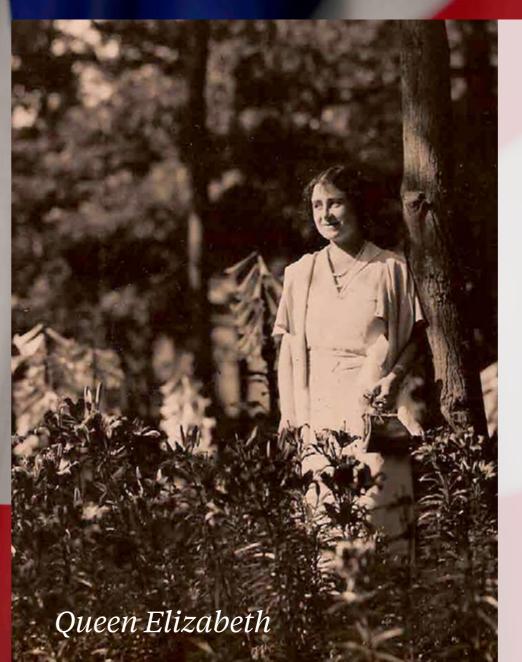
Step back in time and find out more about the park's illustrative Royal history and its relation to the recent coronation.

Learn about the restoration work taking place in the Stable Block with Nick Gardner of Goldsmith Group.









Royal Connections

Queen Elizabeth - The Queen Mother

Born in August 1900, Elizabeth Angela Marguerite

Bowes-Lyon was Queen of the United Kingdom and the

Dominions of the British Commonwealth as wife to King

George VI from December 1936 to February 1952.

Queen Elizabeth and King George VI had two children, Elizabeth II who went on to become Queen following the passing of her father in 1952 and Princess Margaret, Countess of Snowden. Following Queen Elizabeth II's coronation, she chose to be known as Queen Elizabeth The Queen Mother.

The Queen Mother carried out many duties during her reign involving visits across the nations, Royal tours as well as seeing Britain through World War II to victory.

Queen Elizabeth (left) and Elizabeth II (below) at Trent Park in 1930

Queen Elizabeth II

Elizabeth II was born in April 1926 in Mayfair, London. She became Queen of the United Kingdom and other Commonwealth Realms following the death of her father, George VI, in 1952. Her reign was longer than any British Monarch and the longest of a female monarch in all of history, at 70 years and 214 days. The UK was served by 15 Prime Ministers during this time. Prior to her coronation, Elizabeth II served in World War II as a mechanic and truck driver.

The Queen married Prince Phillip in 1947 and went onto have four children Charles III, Anne, Princess Royal, Prince Andrew and Prince Edward.

Throughout her reign, she worked to make a difference through charitable efforts, developing the commonwealth, modernising the monarchy and many other accomplishments. She had a huge passion for animals, particularly dogs (she owned more than 30 dogs in her lifetime) and horses. Elizabeth II learned to ride at the age of six and went on to enjoy a life of riding and racing, she was an annual visitor to Royal Ascot.

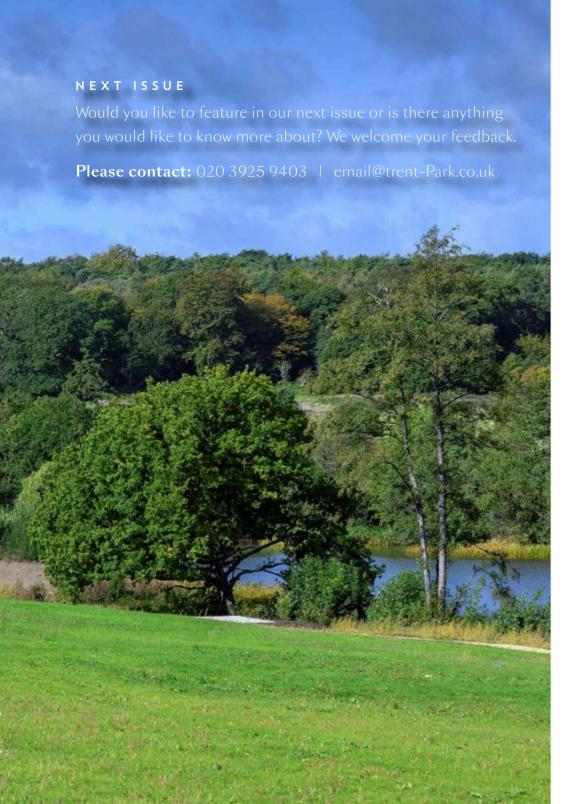
Her majesty celebrated a huge number of milestones including her Platinum Jubilee in 2022. The Queen sadly passed away in September 2022 at Balmoral Castle. Her body lays to rest at St George's Chapel at Windsor Castle. The world commemorated her life at her state funeral on 19th September 2022. Her son, Charles III, will be coronated as King in May 2023.



An active lifestyle

One of Trent Park's most impressive features is its scenic location, set in the 413-acre Trent Country Park. The extensive green space and numerous nearby sporting amenities are great for all year round but let's face it, exercising is much easier and for many of us, more enjoyable during the warmer months. So what new hobby can you explore this spring and summer?

Take some much-needed moments to unwind, meet new people and reset... our guide below showcases some of favourites in the area, all a short stroll or drive away from Trent Park...





On your doorstep

THE LAWN CLUB, TRENT PARK

The residents' Lawn Club is the perfect place to kick start a new fitness routine. Residents benefit from a wealth of impressive amenities, including an elegant open-air swimming pool, a state-of-the-art gym and open-air tennis courts. There's no excuse when such incredible facilities are on your doorstep!





A few minutes' walk away

WALKING AROUND TRENT PARK

Sometimes a walk amongst the fresh air is all you need. With the stunning park surrounding your home, there's no excuse to not enjoy a leisurely stroll. From much-needed dog walks to taking part in a sightseeing trail where you can look out for lots of Trent Park's special features including Sassoon's Obelisk and the Japanese Water Garden, walking is so important for your mental and physical health.

https://friendsoftrentcountrypark.org.uk/



Nine minutes' walk away TRENT PARK RUNNING CLUB

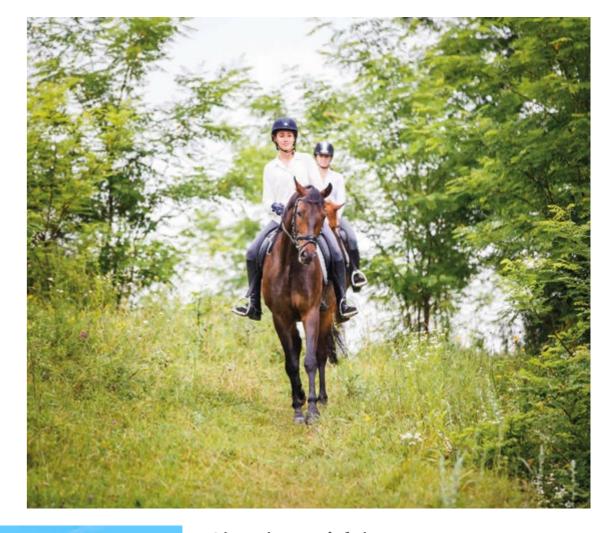
Whether you're looking to get into running with some light jogging or want to take it all a bit more seriously, Trent Park Running Club has a range of membership types and groups available to suit your needs. With events and courses throughout the year, including a beginners course and their mid-week league, running really can be for everyone. They meet at Southgate Hockey Centre throughout the week, check out their website for more information.

https://trentparkrc.com/

Nine minutes' cycle away TRENT COUNTRY PARK EQUESTRIAN CENTRE

Learn to ride at Trent Park's equestrian centre, which is open seven days a week with classes for adults and children. Riders have the choice of over 135 horses and ponies, and classes are suitable for most ages (4yrs+) and abilities, whether you want to hack, jump or simply ride on the flat. The centre offers a range of livery facilities to horse owners, including two international size indoor arenas, a floodlit outdoor manège, cross country course and canter track.

https://trentpark.com/



Six minutes' drive away

TRENT PARK GOLF COURSE

Trent Country Park's 18-hole golf course is open to everyone on a 'pay and play' basis. Trent Park Golf Course has added a fantastic jungle-themed adventure golf course called Jungle Falls. It has 18 holes of fun-filled action, packed with life-sized hungry (pretend!) creatures prowling jungle marshes, cascading waterfalls and secret giant caves nestled within a landscape of tropical palm trees.

trentparkgolf.co.uk/







7 minutes' drive or a 14 minute walk through the park

GO APE

This daring adventure course is ideal for those of you who are wanting to challenge yourself this winter. Featuring four freefall Tarzan swings and the longest, fastest zip line in London, the Treetop Challenge course is a heart dropping, thrilling obstacle course in the trees, set in the heart of beautiful Trent Park.

goape.co.uk/locations/cockfosters





12 minutes' drive away

NORTH LONDON YOGA CENTRE

And relax... yoga is an effective way to calm your mind, practice mindfulness and also strengthen your physical health. From beginners sessions to more advanced classes, there is something for everyone to enjoy no matter your level or experience. Find a style, class type and instructor that works for you.

15 minutes' drive away

ENFIELD CRICKET CLUB

Perfect for the warmer weather as the season commences, Enfield Cricket Club has a range of junior teams for children of all ages to get involved with. With activities on offer for parents too such as darts and some opportunities to get involved with cricket alongside the kids, this local club is great for cricket

https://www.enfieldcricketclub.com/





20 minutes' drive away

LEE VALLEY REGIONAL PARK

From hockey and tennis to cycling and athletics as well as angling and ice skating, Lee Valley Regional Park has the opportunity for the whole family to get involved in an impressive range of sports, there is so much fun to be had here!

https://www.visitleevalley.org.uk/sport-outdoors





Just over 20 minutes' drive away

LEE VALLEY WHITE WATER RAFTING

Home to the 2012 Olympic's white water rafting course, Lee Valley is your chance to embrace your inner thrill-seeker and try a fun new sport. Whether it's family paddling on the lake or taking to the rapids of the Olympic course - there is something for everyone to enjoy and challenge themselves with.

https://www.visitleevalley.org.uk/whitewater

Various training grounds across North London OAKWOOD NETBALL CLUB

As part of the North London Netball League, Oakwood Netball Club provides various team training for under 14s up to adult netball. The weekly sessions aim to support growth and development for individuals of varied abilities. There are also the opportunities to get involved in league matches. If you're a netball coach or referee, there are positions available for you too.

https://www.oakwoodnetballclub.co.uk/

Enquire today: 020 3925 9403 | Trent-Park.co.uk

Move in this *summer*

A new home for the summertime... yes please! The development is beautiful all year round but there is something quite spectacular about Trent Park in the warmer months. Residents also benefit from The Lawn Club, providing superb exclusive amenities including an open-air heated swimming pool, state-of-the art gym in a restored Orangery, and four outdoor tennis courts.

There is a selection of homes at Trent Park that are ready to move into, so residents could be settled into their new home in time for the summer season...



Last remaining home in KING GEORGE COLLECTION

This five-bedroom Cooper house is fully furnished by Berkeley's interior designers and is the final home available at The King George Collection. The house is located just moments from the outdoor pool, gym and restored Long Garden.



4 bedroom family home overlooking the natural pond THE QUEEN ELIZABETH COLLECTION

Located within a quiet corner of the development and looking out over natural pond and fields to the front, this fabulous four double bedroom semi-detached family home is located over 3 floors. Complete with private driveway, adjoined garage and private rear garden, this property is perfect for a growing family!



Fully furnished two-bedroom apartment AT HIGHFIELD HOUSE

The two-bedroom, two bathroom apartment at Highfield House is the last remaining home in this building. The spacious apartment is fully furnished by Berkeley's interior designers, and overlooks the historic Daffodil Lawn; the views of Trent Park House are stunning!



Contemporary two-bedroom apartments AT CARLTON HOUSE

Only two, two-bedroom apartments remain at Carlton House. This is one of the final opportunities to purchase a new-build apartment at the scheme. The homes benefit from a flexible, open-plan layout, a dedicated parking space as well as views over the historic Daffodil Lawn and on towards the Mansion House and lake beyond.





COST-SAVING, ENVIRONMENTALLY-FRIENDLY BENEFITS

With the cost of living significantly increasing, new build homes can help keep bills lower.

Generally, new properties are less expensive to run and have been built to promote energy efficiency, compared to older homes. Through features such as double or even triple glazing, high-performance insulation and efficient boilers, new homes are designed with the future in mind.



PROTECTION

New properties are built to

the latest building regulations, resulting in a high-quality and secure homes. At Trent Park, all homes come with a 10-year build warranty, the first two years of this are covered directly by Berkeley Group. The fully integrated appliances that are included in the purchase price such as the fridge/ freezer and dishwasher in the kitchen also come with individual warranties, providing overall protection and



CHAIN FREE

Purchasing a home can be a stressful time however a newly built home means there is no purchaser chain above you, and there is no risk of being gazumped while you wait to exchange.

To find out more about the homes at Trent Park and to **book a viewing**, call our sales team on **020 3925 9403**

peace of mind.

