

Local area Guide



HERON WHARF

LONDON E14

Welcome to Heron Wharf

Heron Wharf offers a lifestyle where nature, contemporary design and effortless city connectivity come together. These exceptionally spacious homes have been crafted with flowing layouts, generous living areas and panoramic outlooks — choose from parkland, city or riverfront views.

With so much to see and explore nearby, we've curated a selection of local highlights — from well-loved favourites to hidden gems waiting to be discovered.

When the day winds down, Heron Wharf becomes your riverside sanctuary, a place where life moves with ease and possibility.

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Perfectly placed

Where riverside calm meets city energy – an address surrounded by green parks, iconic landmarks and world-class connections.

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Map is not to scale. Locations are approximate only.

Warm Brews

From stylish local spots to global favourites, East London's coffee scene is always brewing something special.



Almari Coffee

A café inspired by the warmth and nostalgia of a cherished wardrobe, where every item holds a story. Fostering vibrant, life-affirming community connection for local people, where the aroma is rich, the vibes are cozy and every cup feels like home.

www.almaricoffee.com

E5 Poplar Bakehouse

A popular micro-bakery and roastery offering specialty coffee. Expect real community, great music, awesome coffee, organic food and of course, top-notch sourdough bread.

www.e5bakehouse.com

Pink Tuk Tuk

A Indo-British Coffee House, started as a reflection of their love for traditional Indian food and passion for a great coffee. The intention is beyond just serving coffee and a bite to eat, it is to foster community.

[@pinktuktukcoffee](https://www.instagram.com/pinktuktukcoffee)



Almari

The Milk Tree

A new social eatery in Canning Town perfect for working, catching up with friends or simply unwinding.

Riverside Cafe at Cody Dock

Delicious food homemade by Nadia. Grab a plate and sit at the dockside picnic tables.

Starbucks

A global favourite — your go-to spot for great coffee, easy moments and everyday comfort.



Sip & Socialise

Raise a glass and connect with friends where the city's energy comes alive.

LOCAL AREA GUIDE



The Tommy Flowers

Tea room and art gallery by day, pub by night, The Tommy Flowers has become a much-loved social hub for the local community.

The Alchemist

A creative cocktail bar, offering an all-day menu, unique cocktails and stunning waterside views. Known for immersive drink experiences that wow every time.

www.thealchemistbars.com

The Greenwich Pensioner

A Poplar institution since 1827. This beautifully restored Grade II listed gastro pub is a genuine local treasure, think rotating craft beers, wood-fired pizzas and Sunday roasts that earn their reputation.

www.greenwichpensioner.co.uk

Bokan 37

Anchored in the Docklands, Bōkan is an award-winning bar on the 38th floor serving inventive cocktails, with a rooftop lounge on the 39th floor offering unobstructed city views.

www.bokanlondon.co.uk

The Lockdown Room

The neighbourhood spot for tasty food, great drinks and easy-going company. Including East London craft beer, mix quality cocktails and a menu designed for sharing, with a full calendar of music and events all year round.

www.thelockdownroom.com

The Eadn London Bar & Lounge

Chic East London lounge where bold Mediterranean flavours and vibrant entertainment come together to create an unforgettable night out.

eadn.co.uk



Places to Eat

Dining choices are as diverse as they are delicious, catering to every taste and occasion.



Din Tai Fung

Din Tai Fung

Voted “World’s Best Dumplings” by Forbes, Din Tai Fung brings 60+ years of Taiwanese heritage to East London. The 150-seat cosy restaurant, including a private dining room is a welcoming hub for everyone, from families to city professionals.

www.dintai fung-uk.com

Dishoom

Bombay-style comfort food and first-class drinks in a double-height riverside restaurant, bar and terrace.

www.dishoom.com

Feels Like June

California-inspired eatery mixing fresh flavors, summer feels and a Europe-meets-West Coast flair.

www.feelslikejune.com

Boisdale Canary Wharf

Boisdale brings together Scottish-led dining, live music and late-evening culture within a two-floor Art Deco venue, overlooking Cabot Square and the City of London skyline.

www.boisdale.co.uk

The Ivy

The Ivy brings friendly, sophisticated all-day dining. From modern British classics to Asian-inspired cuisine and fantastic vegan and vegetarian dishes, guests will find something for everyone.

www.ivycollection.com



Dishoom



The Ivy

The Market Edit

East London's markets are vibrant and eclectic, filled with street food, vintage finds, and independent creativity.



Cotall Street Market

A vibrant, community-driven marketplace bringing together local traders, artisans, and food enthusiasts. Running every Saturday, this eclectic market offers everything from delicious street food and fresh produce to unique crafts and cultural treasures.

Aberfeldy Village Market

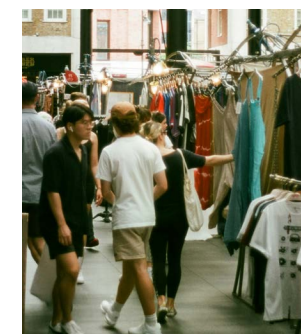
Designed to celebrate local talent and independent businesses, the market features a diverse mix of handcrafted goods, local produce, international cuisines, and arts and crafts. Running every Sunday, this weekly market adds another layer to the Poplar community.

Billingsgate Market

London's iconic seafood hub, where you can enjoy the lively atmosphere, see fresh fish arrive and learn from expert vendors. The Seafood School offers hands-on courses in fish recognition, knife skills, cooking and presentation.

Chrisp Street Market

East London's oldest covered market and a true piece of living history. Built as part of the 1951 Festival of Britain, Chrisp Street has been feeding and connecting the Poplar community for over 70 years. Today it remains a bustling daily market offering fresh produce, street food and everyday essentials.



Health & Fitness

East London has a vibrant health and fitness culture, with everything from cutting-edge gyms and yoga studios to running clubs and outdoor workouts energising the community.

Aberfeldy Boxing Club

A welcoming community gym offering boxing training and fitness classes, empowering all ages to build strength, confidence and skills in a supportive, local environment.

www.aberfeldyboxingclub.co.uk

F45 Training

F45 offers innovative, high-intensity functional group workouts that are fast, fun and results-driven.

www.f45training.com

Pure Gym East India

One of the largest gym and fitness operators in Europe, providing high quality, low cost, flexible physical fitness facilities.

www.puregym.com

The Riverside Club

A first-class wellness experience spread across two floors, reserved exclusively for residents' at Heron Wharf. Packed with indulgent amenities to help you recharge and refocus with a 20m pool, spa, salt room, gym, and more.

www.heronwharfe14.co.uk

Gym Group Canning Town

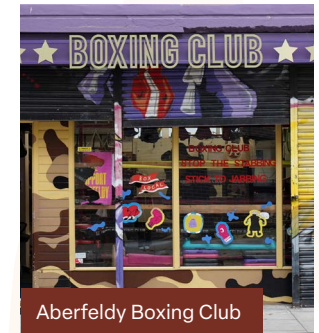
A wide range of classes and high-spec equipment. With flexible memberships, the 24-hour gyms are the affordable choice.

www.thegymgroup.com

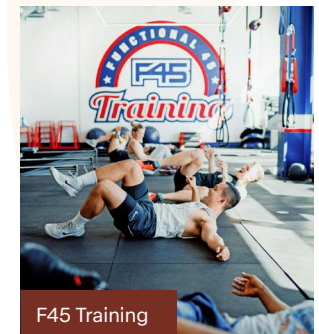
MoreYoga Blackwall

Your daily reset, right on the doorstep. Expert-led yoga and pilates for all levels, from energising flows to restorative calm — without the premium price tag.

www.moreyoga.co.uk

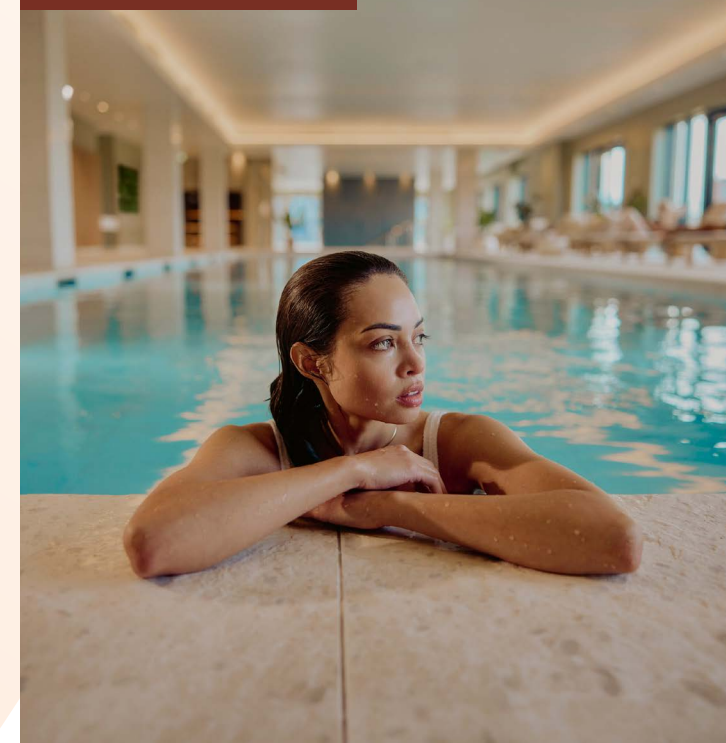


Aberfeldy Boxing Club



F45 Training

The Riverside Club, Heron Wharf



Retail Therapy

From luxury boutiques to high-street favourites, East London is one of the city's premier retail destinations.



Canary Wharf



Westfield Stratford City

Westfield Stratford City

For retail therapy or an active adventure, Stratford delivers. Home to one of Europe's largest shopping centres and world-class sporting venues, it's a place where every day invites a new experience. Game on.



The O2

Canary Wharf

Immerse yourself in a shopping experience, with over 200 retailers across five shopping centres, Canary Wharf is quite literally your one-stop shop. Whether you're looking for chic fashion, traditional craftsmanship and tailoring, fine jewellery and watches, or skincare, there is something new around every corner.

The O2

The O2 Arena offers a vibrant retail destination, with a wide mix of fashion, lifestyle and outlet shopping.

ZARA

Russell & Bromley



RALPH LAUREN

SEPHORA

UNI QLO

MAC

adidas

LACOSTE

L'OCCITANE
EN PROVENCE

JOHN
LEWIS
& PARTNERS

LEGO

Outdoor Escapes

Green spaces, canals, and riverside paths, provide peaceful escapes and room to breathe within the energy of the city.



Queen Elizabeth Olympic Park



River Lea

River Lea

Riverside paths invite you to walk, run, or cycle along scenic routes where nature weaves effortlessly into the rhythm of the city. For a fresh perspective, slip into a canoe and explore the waterways at your own pace, discovering the urban landscape from an entirely new vantage point.

Bartlett Park

One of Poplar's largest parks, bordered by the Limehouse Cut and resembling a meadow, with large open areas for dogs and kids.

Mudchute Farm & Park

Set in 32 acres, Mudchute is a community charity farm with stables, a children's nursery and educational activities; with sheep grazing in the shadow of Canary Wharf as a backdrop.

Victoria Park

Well known for its canals, ponds and pavilion, it hosts major music festivals in summer.

Queen Elizabeth Olympic Park

The legacy of the 2012 Olympics lives on. Scenic trails invite cycling and jogging, lively playgrounds welcome families and the iconic ArcelorMittal Orbit offers breathtaking views and endless exploration.

Crossrail Place Roof Garden

A secret sanctuary of tropical greenery, tucked above the skyline and perfect for a moment of calm.



Mudchute Park & Farm



Crossrail Place Roof Garden

Social & Entertainment

East London buzzes with a lively social and entertainment scene.

The People Speak

An open and creative space with a glowing round table open to the community who engage and stimulate minds to push the boundaries of what a conversation can be.

www.thepeoplespeak.org.uk

Electric Shuffle

Step into a vibrant playground of electric scoreboards, vintage bars and inventive drinks; competitive enough to get your heart racing, relaxed enough to stay all evening.

www.electricsshuffle.com

Roof East

East London's favourite rooftop playground. A seasonal bar and events space above Stratford's skyline, Roof East brings together street food, live music and a party atmosphere that defines East London summers.



The People Speak

Fairgame

Where play meets sophistication. Fairgame reimagines classic carnival games for adults, pairing competitive fun with creative cocktails in an immersive, high-energy environment.

Everyman Cinema

The movies, but better. Everyman Canary Wharf offers an intimate boutique cinema experience complete with sofa-style seating, in-seat waiter service and freshly prepared food and drinks.

Revolution Karting

London's go-to spot for outdoor karting, offering 40mph thrills on a twisting track. Whether you're a pro or a first-timer, the team guides you through every corner for an unforgettable ride.

Greenwich Peninsula Golf Range

Set along the idyllic riverside of the Greenwich Peninsula and offering some of the best views in London, Just Golf London has the perfect golf shot view, between two iconic landmarks: The O2 and Canary Wharf.

www.greenwichpeninsula.golfrange.com

Arts & Culture

East London thrives as a hub of arts and culture, where contemporary galleries, street art, and creative communities blend to inspire and energize the city.



English National Ballet

Poplar Works

The creative heartbeat of Poplar. A thriving fashion hub housing over forty studios alongside training spaces, a production unit and a café; Poplar Works is home to designers, makers, jewellers and first-year start-ups alike. A place where ideas become reality.



Poplar Works

Trinity Buoy Wharf

A centre for arts and cultural activities located on the River Thames. Trinity Buoy Wharf has seen a stream of artists, photographers, designer-makers, web designers and small businesses settle in its low-cost workspaces and studios.

www.trinitybuoywharf.com

English National Ballet

World-class ballet, reimagined for everyone. With over 75 years of pushing the boundaries of the artform, the English National Ballet brings breathtaking performances to the widest possible audience, from their landmark East London home to stages across the UK and beyond.

Republic

More than a campus, a community. This vibrant education and creative quarter is where students and locals converge; from gelato spots and parkour zones to live music markets and open-air workouts. Always something on, always somewhere to be.



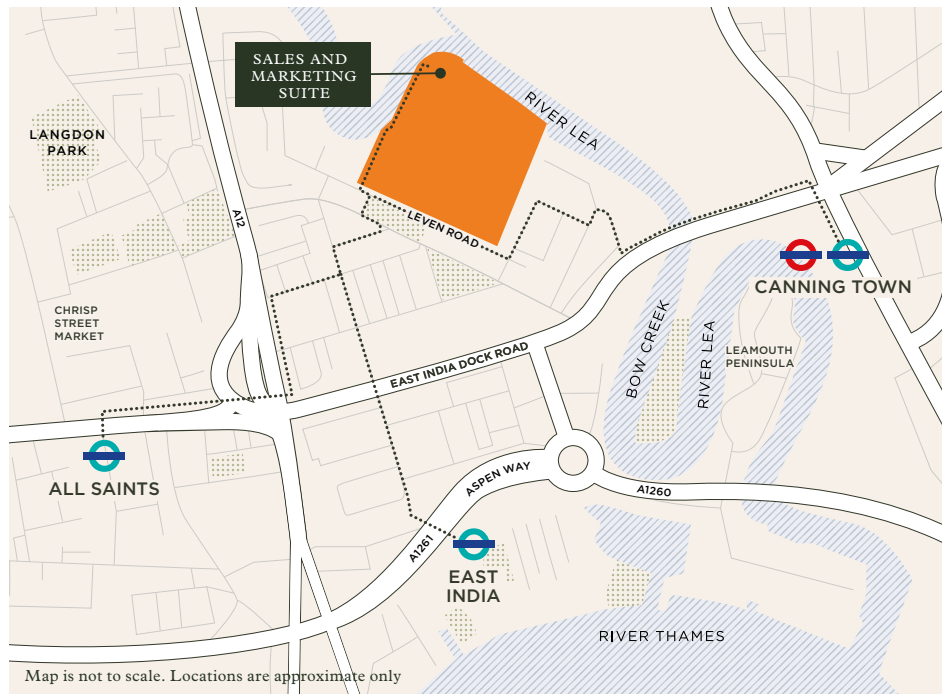
Republic

Nunnery Gallery

Bow Arts' Nunnery Gallery is an exhibition space where artists experiment, collaborate and push new ideas into the world. With a programme built around bringing artists and audiences into genuine conversation, it's the kind of cultural space that makes East London's creative scene so quietly extraordinary.



Trinity Buoy Wharf



Contact

Visit our Sales and Marketing Suite or book a virtual viewing:

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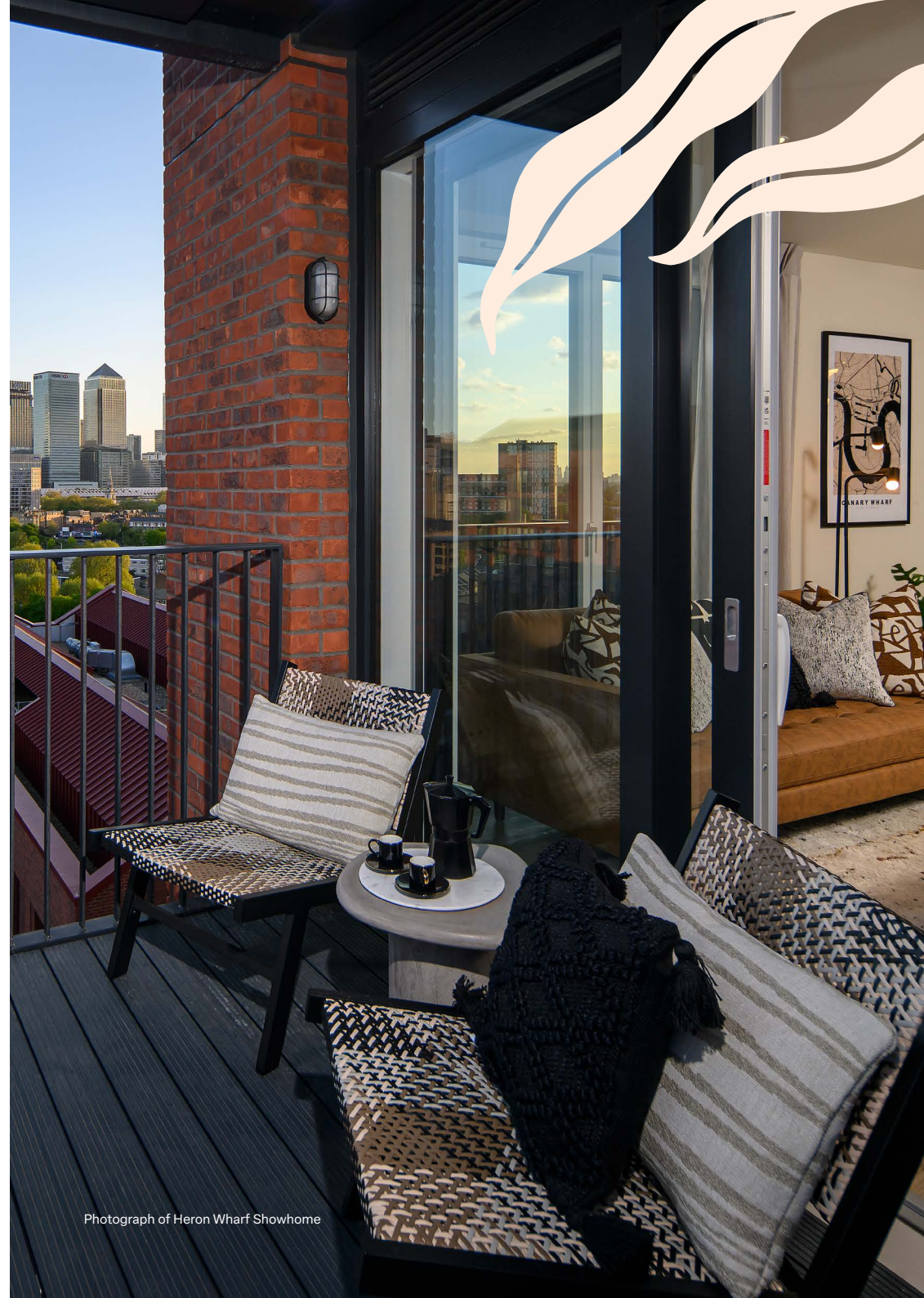
OUR VISION
2030
TRANSFORMING TOMORROW

Berkeley
Group
Proud member of the
Berkeley Group

**The Institute of
Customer Service**
MEMBER

Berkeley
Designed for life

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Photograph of Heron Wharf Showhome

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