

# The Villager

**DISCOVER A VILLAGE FOR LIFE** 

HARTLAND VILLAGE NEWS • ISSUE 9 • MARCH 2023

**UPCOMING EVENTS** What House? Awards 2023 **GOLD WINNERS HEALTHY IDEAS FOR THE** TWO NEW SHOWHOMES New Year launching at Hartland Mews **INFLUENCER COMES TO** Hartland Village HARTLAND VILLAGE Dog Show A ROUND-UP OF OUR 2022 Community Events St Edward

# WHAT'S HAPPENING

at Hartland Village

The community at Hartland Village continues to thrive. Our residents, along with the St Edward team and the wider community, have enjoyed some wonderful events and celebrated some fantastic achievements as the village continues to evolve.

Take a look at what we've been up to recently...

### WE STRUCK GOLD

Hartland Village takes home top prize at the What House? Awards



Hartland Village was awarded the coveted Gold prize in the Best Public Realm category at the prestigious WhatHouse? Awards 2022, a competition which celebrates and showcases the very best new homes across the UK.

This competitive category recognises exceptional and innovative delivery of public realm. The judges commented: "If ever there was an example of placemaking with community engagement at its heart, it is Hartland Village. Connectivity, sustainability, and wildlife corridors highlight St Edward's healthy living agenda from the outset; the Country Park is all about recreation, wellbeing, and biodiversity.

"This is public realm not on a grand scale, but a local one: accessible and intimate and encouraging human interaction with nature."

Paul Vallone, Executive Chairman, St Edward commented "We all know that the place in which you live is defined by so much more than bricks and mortar, and this category embraces every aspect of public realm, from landscaping, parks, and open space through to amenities for residents as well as the wider community. The award reflects our superb public realm and commitment to nature, coupled with our strategic and proactive community plan."



# NEW YEAR, NEW YOU A healthy start to 2023

The start of a new year tends to make us to look for opportunities to wipe the proverbial slate clean and start again. For some, that may mean kick-starting an exercise programme or eating well. For others, it may mean committing to spending more time with family and friends.

Here are four tips for living more healthily all year long...



#### **IMPROVE YOUR PHYSICAL HEALTH**

Our local area provides a vast amount of opportunity for physical exercise, including yoga and Pilates classes, outdoor bootcamps and Fleet 5K and 10K. We also host a variety of outdoor exercise classes on the Village Green throughout the warmer months.



#### WHY NOT SWAP THE CAR FOR THE BICYCLE?

The new cycle route from Hartland Country Park to Fleet Station is perfect for those wanting to move more without sacrificing too much time. The route takes around 15 minutes, and the majority of the journey is off road, taking in the picturesque vistas of Fleet Pond along the way – an easy way to rack up half an hour of cardio exercise every day whilst contributing to greener living at the same time!



#### MAKE GOOD-QUALITY SLEEP A PRIORITY

Scientific research proves how fundamental sleep is to our overall health. We're lucky at Hartland Village as our community is nestled away, surrounded by the dense Country Park, working as a sound barrier to the surrounding area. This means it is really quiet here, so even on those hot summer nights when we have our windows wide open, you can sleep soundly without worrying about noise from traffic or the hustle and bustle.



#### STRENGTHEN SOCIAL RELATIONSHIPS

Studies have shown that people who have satisfying relationships with family, friends and their community are happier, have fewer health problems, live longer, and are less stressed.

Hartland Village prides itself on its community values. Surjit Sonik is our dedicated Community Engagement Officer, and it is her job to plan events and activities that will help residents come together. Read on to find out about some of the brilliant events taking place this year!

### TOP FIVE LOCAL BUSINESSES

# for your 2023 health kick



### 1. The Greenhouse

The Greenhouse serves a range of vegetarian dishes, many of which can be vegan. By day it is a friendly café, brewing organically roasted coffee, and serving fresh handmade sandwiches, panini, soup and much more. By night, The Greenhouse turns into a cosy restaurant, serving firm favourites of Mushroom Tagliatelle and Buffalo Cauli Fritters, alongside a range of other dishes including Katsu Curry and a succulent Seitan Steak.

Visit 4 Falkners Close, Fleet GU51 2XF or call 01252 625 443 to book. Visit TheGreenhouseFleet.co.uk for opening hours. The Greenhouse is approximately a 7-minute drive from Hartland Village.



### 2. Results Health Club

Results Health Clubs is a family run business, where you can enjoy getting fit within comfortable surroundings, full of the best equipment, and overseen by top fitness experts. There's always a professional instructor on hand to help you attain your goals. With a few simple steps you can book in for a gym tour, a free trial workout

Visit Clarence Road, Fleet GU51 3WX or ResultsHealthClubs.co.uk to book your free trial. Results Health Club is approximately a 5-minute drive from Hartland Village.



### 3. Pedal Heaven

Pedal Heaven is an independent cycling store providing all the gear you need for your next ride. They have options for every type of rider, from a baby balance biker to a hardened 'pro' roadie. You can shop in store or via their website.

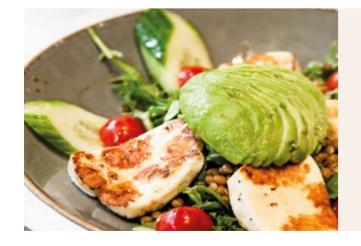
Visit 311 Fleet Rd, Fleet GU51 3BU. Pedal Heaven is approximately a 7-minute drive from Hartland Village.



### 4. Arena Fit

Based near Hook, ArenaFit is run by fitness professionals, for fitness enthusiasts. ArenaFit's popular bootcamps are designed so that any individual, beginner or advanced, can work alongside each other, so that no one feels left out.

Visit www.ArenaFit.co.uk or drop in at Unit 1a Lodge Farm, North Warnborough, Hook, Hampshire RG29 1HA. Arena Fit is approximately a 15-minute drive from Hartland Village.



### 5. Two Spoons Bistro & Bar

Two Spoons is a newly established bar and bistro in Fleet. They serve up healthy salads, wraps, omelettes and jacket potatoes. They also offer a healthy range of smoothies to boost your five-a-day. Two Spoons offers breakfast and lunch from 9am until 4pm Wednesday to Monday.

Visit 259-261 Fleet Road GU51 3BN. Two Spoons is approximately a 6-minute drive

### INFLUENCER SHOWCASES

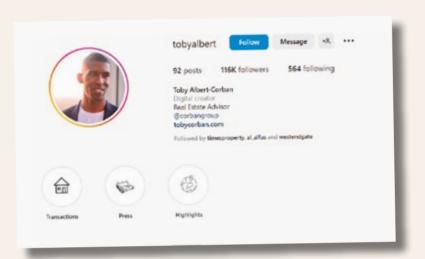
# Hartland Village

Over the winter, we welcomed Toby Albert-Corban to Hartland Village - a well-known influencer in the social media property world!

Toby came to film a tour of our beautiful development and showhome for his Instagram and TikTok platforms. With a combined following of over 400,000, these enabled us to showcase our fantastic homes to a brand-new online community. The videos have had tens of thousands of views - thank you Toby!

Check out the videos on Toby's platforms

@LondonRealEstate Instagram: @TobyAlbert





# PAWS FOR CELEBRATION:

# Hartland Village Dog Show

The Hartland Village Dog Show, organised by St Edward and local dog-friendly café Cantine, brought together dog owners and enthusiasts from the local area to showcase their furry friends.

One of the highlights of the day was the dog competition, held on the green at Hartland Village and judged by local dog breeder Nadia Ward. Nadia awarded contestants in the following categories: Best Family Dog, Best Trick, and Most Obedient.

Every dog received a goody bag filled with Hartland Village pinecone shaped treats and a bandana to wear First place for each category was awarded a £20 Pet's Corner voucher. First, second and third place for each category received colourful rosettes, while fourth, fifth and sixth place were given yummy 'pupcakes' to enjoy!

Visitors also had the opportunity to explore Hartland Village and the surrounding Country Park - perfect for walkies!



THE VILLAGER / ISSUE 9 / PAGE 4 THE VILLAGER / ISSUE 9 / PAGE 5

# COMING TOGETHER FOR World Mental Health Day

World Mental Health Day once again brought the community together to help raise awareness and allow individuals to share stories of their own personal experiences with mental health in a safe. friendly and comfortable environment.

Sasha's Project is a not-for-profit organisation which was set up in memory of Sasha, a local woman from Fleet, who died by suicide when she was just 20 years five residents signing up to volunteer old. Sasha's struggles were exacerbated by the lack of help available to her when her mental health was poor. When she was having suicidal thoughts, she needed compassion, support and a safe place to go, especially during the night, which wasn't easily accessible. Sasha's Project operates a crisis house in the Fleet area as a safe haven for young people who are struggling, experiencing a mental health crisis or having thoughts of suicide.

The crisis drop-in centre offers the opportunity to be heard in complete confidence, in a caring, non-clinical, safe environment. It is somewhere young people can be supported through a crisis, with the aim of reducing their risk of self-harm and suicide.

Sasha's mum gave an inspiring speech to attendees which in turn resulted in with Sasha's Project, and three residents setting up regular payments to support the charity. The talk also led to some very open conversations with members of our community, with people opening up in ways they have never done before.

If you would like to find out more about Sasha's Project, visit Facebook.com/ SashasProject







### CELEBRATIONS AT OUR FABULOUS

# community events!



#### OPEN AIR CINEMA

60 residents and others from the wider community came to Hartland Village for our outdoor cinema, showing The Greatest Showman. Social media was buzzing with our guests sharing photos and positive messages all round.

'We brought some friends along and all thoroughly enjoyed it. All was well planned and even little details like the popcorn and prosecco were perfect. Great to show a family friendly film that was still popular with the adult crowd too."



#### FIREWORK FIESTA

We joined Hartland Village residents, family and friends at the Firework Fiesta, hosted by The Lions Club.

Brilliant idea to take us out of the village and enjoy a more integrated community event! Thank you so much for our treat, we really enjoyed going out as a family."



#### DIWALI CELEBRATIONS

We celebrated Diwali and danced to the beat of the Dhol. The village came alive with Punjabi dancing and magical atmosphere. The residents enjoyed delicious Indian street food and free henna painting from a professional henna artist.

'Thank you for arranging yet another orilliant event, we learnt so much about why Diwali is celebrated, Elijah is still talking about the dancers and trying out the moves he was taught!"



#### HALLOWEEN AT HARTLAND VILLAGE

During spooky season, we invited the community to a pumpkin carving competition for Halloween. Magician, Nutty Natty, made a special appearance which the children enjoyed. To end the evening, residents went Trick or Treating together.



#### MACMILLAN COFFEE MORNING

We hosted a Macmillan coffee morning which raised £176 for Macmillan Cancer.

# EVENTS TO LOOK FORWARD TO THIS YEAR...

Our residents are in for a real treat in 2023. Our jam-packed calendar of events has something for everyone! Here is a sneak peek of what is in store for the year ahead...





### MAY

**King's Coronation** Celebration Dr Bike **Outdoor fitness classes** 

JUNE Eid al-Adha



#### JULY

Pimms by the Pond Summer BBQ

### SEPTEMBER **Open Air Cinema**

### **OCTOBER**

Macmillan Coffee Morning World Mental Health Day Halloween







**DECEMBER Christmas Celebrations** 





### DR BIKE

Bike enthusiasts and members of the community came together for a successful Dr Bike workshop. Over 40 residents attended the event, where 21 bicycles were safety checked and 15 minor repairs were carried out.

Not only were residents able to have their bikes examined and fixed, but they also had the opportunity to meet with our local Police Community Safety Officer who provided valuable advice on keeping belongings safe, along with the proper reporting procedures for any concerns.

Additionally, a police van was available for adults and children to look around and play with sirens, handcuffs, and even sit in the back. It was a great opportunity for the community to interact with local Community Officers in a fun and informative way.

"Finally, I can ride my bike! Thank you for arranging this."

"Thank you for arranging this, I'm happy knowing that my bike is safe for me to ride to work and back."

Events subject to change



### Discover The Willow and The Lavender showhomes at Hartland Mews

Conveniently located for the future primary school and Village Centre amenities, the 3 bedroom Willow and 4 bedroom Lavender are the perfect choice for your new home. Explore their contemporary elegance, luxurious finish and private gardens at the showhome launch for a taste of life at Hartland Village.

### 3 & 4 BEDROOM HOUSES FROM £595,000







Photography is indicative only

#### **BOOK TO VIEW OUR NEW SHOWHOME TODAY**

01252 758 844 | HARTLANDVILLAGE@STEDWARD.CO.UK | WWW.HARTLANDVILLAGE.CO.UK | Ively Road, Fleet, Hampshire GU51 3GL









