



# Your local *guide*



**STANMORE  
PLACE**  
HONEYPOT LANE, HA7



For more information  
about Stanmore Place  
please visit:

[www.stanmoreplace.co.uk](http://www.stanmoreplace.co.uk)



Local shopping at Stanmore Place



Canons Park, Stanmore



Our vision for the future



THE QUEEN'S AWARDS  
FOR ENTERPRISE  
SUSTAINABLE DEVELOPMENT  
2018  
The Princess Royal Trust for the Arts



A photograph of a woman with blonde hair, wearing a pink dress, smiling and looking towards a man in a suit who is seated across from her at a restaurant table. The man is holding a glass of beer. The background is softly blurred, showing other people in a restaurant setting.

Explore *your*  
local area

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Communal Landscaping at Stanmore Place



## On-site amenities

- Residents' gym
- 24-hour concierge service
- Cycle storage
- Streetcar



## Residents' gym

Stanmore Place residents will not need to go far to stay active, with use of an on-site residents' only gym. The gym boasts cardiovascular and weight training equipment, and you can also book your own personal trainer to help kick-start your healthy regime.

## 24-hour concierge service

The concierge is situated in the Estate Management office and is open 24 hours a day for Stanmore Place residents. The concierge service helps residents enjoy life to the full, providing a cost effective solution for taking care of day-to-day tasks. The concierge service also includes parcel collection, dry-cleaning and taxi services.

High levels of security are ensured by constant CCTV monitoring to all apartment block entrance lobbies providing peace of mind for all residents at Stanmore Place.

## Cycle storage

For those who prefer to travel on two wheels instead of four, cycle storage is provided for residents within the car park. Stanmore Place has also facilitated the creation of new pedestrian and cycle routes linking the development to the surrounding areas.





## Streetcar

The Streetcar service at Stanmore Place is a car share service exclusively available 24/7 to residents. Once you have joined the service online at [www.streetcar.com/join](http://www.streetcar.com/join), cars can be booked online and then unlocked using a smart card or mobile phone. The Streetcar service can be booked by the hour, day, week or month and provides residents with simple access to cars when they need them. Not only does the Streetcar service reduce the need for private cars, but according to Streetcar car share club, each one of their cars takes an average of 29 privately-owned cars off the road.

[www.streetcar.com](http://www.streetcar.com)



## Restaurants

Appolonia  
Café Bukushi  
Grim's Dyke  
Incanto  
Madison's Deli

Maurya  
Pizza Express  
Prezzo  
Spice Rack  
St James

## Appolonia

Appolonia is a long-established restaurant offering a contemporary and relaxed feel, with a lively mix of European and Thai cuisine. The international menu features such delights as grilled sea bass fillets with a delicate dill sauce or stir fried Oriental chilli beef served with noodles and vegetables. Appolonia can also be hired for corporate and family events.

25/29 Church Road, Stanmore, Middlesex, HA7 4AR  
Telephone: 020 8954 5060 [www.apolloniarestaurant.co.uk](http://www.apolloniarestaurant.co.uk)

## Café Bukushi

Café Bukushi offers a unique fusion of a New York Deli and a contemporary sushi bar, with a large choice of over 40 speciality sandwiches and salads.

245 Watling Street, Radlett, Herts, WD7 7AL  
Telephone: 01923 859911 [www.bukushi.com](http://www.bukushi.com)

## Grim's Dyke

The Grim's Dyke Pastry Chef adds some classic French style to their English themed menu, from beautifully baked breads to indulgent petit fours. Despite its reputation for fine dining, the Grim's Dyke has excellent value food with two course lunches from £9.95.

Old Redding, Harrow, Greater, London, HA3 6SH  
Telephone: 020 8385 3100 [www.grimsdyke.com](http://www.grimsdyke.com)

## Incanto

Harrow-on-the-Hill's former 19th century post office has now been turned into Italian restaurant Incanto. Incanto opened in 2005 and serves authentic southern Italian cuisine with a modern and contemporary style.

The Old Post Office, 41 High Street, Harrow, Middlesex, HA1 3HT  
Telephone: 020 8426 6767 [www.incanto.co.uk](http://www.incanto.co.uk)



## Madison's Deli

This Jewish restaurant has a number of dishes, including chopped liver, salted tongue and pastrami or salt beef, which is served in copious quantities with crunchy green cucumber pickles and golden latkes.

11 Buckingham Parade, Stanmore, HA7 4EB  
Telephone: 020 8954 9998

## Maurya

Located on Church Road, Maurya prides itself on offering the finest Indian cuisine in Stanmore. Maurya serves exotic, mouth watering dishes in a pleasant and chic environment. Chef Qureshi, previously of the Hotel Intercontinental in New Delhi, has over 30 years experience of Indian cuisine.

16 Church Road, Stanmore, Middlesex, HA7 4AW  
Telephone: 0208 416 0770 [www.maurya.co.uk](http://www.maurya.co.uk)

## Pizza Express

A popular franchise, Pizza Express is located on The Broadway, offering a wide range of pizzas, pastas, salads and desserts made from the finest ingredients.

55 The Broadway, Stanmore, Middlesex, HA7 4DJ  
Telephone: 020 8420 7474 [www.pizzaexpress.com](http://www.pizzaexpress.com)



## Prezzo

Located along The Broadway in Stanmore, Prezzo is a well-established Italian restaurant chain. Prezzo has a vast variety of pasta dishes and pizza and award winning restaurateur and celebrity chef Aldo Zilli has also joined the Prezzo team to create five very special new pizzas.

67-69 The Broadway, Stanmore, London, HA7 4DJ  
Telephone: 020 8416 0213 [www.prezorestaurants.co.uk](http://www.prezorestaurants.co.uk)

## Spice Rack

Spice Rack is a locally-owned restaurant on Honeypot Lane, serving a premium Indian cuisine. The popularity of the restaurant has since seen the owners open a second lounge bar/restaurant on Church Road called the Spice Rack Lounge.

Honeypot Lane, London, HA7 1EF  
Telephone: 020 8206 1024

## St James

St James in Bushey has built up a reputation over the years as one of the finest restaurants in the area. The finest and freshest ingredients are used to produce the best in modern English cuisine with the occasional hint of French and Italian influences. St James is listed in Michelin and The Good Food Guide.

30 High Street, Bushey, Hertfordshire, WD23 3HL  
Telephone: 020 8950 2480 [www.stjamesrestaurant.co.uk](http://www.stjamesrestaurant.co.uk)



## Transport

Bus and open roads  
Tube stations  
Train stations  
Airports

### Roads

A406 North Circular **3.5** Miles  
M1 Junction 4 **3.25** Miles

### Airports

London City **24** Miles  
London Heathrow **22** Miles  
Luton **24** Miles

## Bus and open roads

Positioned only 12 miles from the centre of London, the M1 and M25 motorways are close by and Stanmore Place is ideally placed for reaching the A406 North Circular Road and Heathrow Airport.

The local network has a number of services to destinations across London. The bus route 324 runs from Honeypot Lane every 20 minutes during the day and every 30 minutes during the evening, providing direct links to Brent Cross Shopping Centre and a link between Stanmore and Hendon.

## Tube stations

Stanmore Place benefits from excellent transport links and a prime location adjacent to Canons Park tube station, which offers Jubilee Line services to Baker Street (27 minutes), Bond Street (30 minutes) and Canary Wharf (50 minutes), perfect if you need to travel into the capital for business or pleasure.

## Train stations

The nearest railway station is Hatch End, which is less than five miles away from Stanmore Place. The station has two platforms and is serviced by London Overground, with journeys to London Euston (38 minutes) on the southbound line and Watford Junction (15 minutes) on the northbound line.





## Airports

London Heathrow, is only 22 miles from Stanmore Place. Heathrow handles over 67 million passengers each year and offers a choice of over 200 domestic, European and international destinations.

London Luton airport is only 24 miles away, offering both scheduled and charter flights to a wide range of European and UK destinations.

London City Airport is 24 miles from Stanmore Place and just over one hour by train. It is a single runway airport for short take off and landing, serving 30 destinations with international connections to hundreds more.



## Parks and open spaces

Canons Park  
Edgwarebury Park  
King George Recreation Ground  
Pinner Memorial Park  
Queensbury Park

Mill Hill Park  
Roe Green Park  
Stanmore Common  
Stanmore Country Park  
Stonegrove Park



## Canons Park

Nestled between Stanmore and Edgware, Canons Park is on the Register of Historic Parks and Gardens of Special Interest in England. The historic walled King George V Memorial Gardens are ideal for a relaxing stroll across the green space, whilst sport activities can be enjoyed on the tennis courts and bowling green. The Friends of Canons Park also organise regular events, including bird watching, nature walks and fun days.

## Edgwarebury Park

Once part of the manor of Earlsbury, this large park provides a wide array of sports facilities, including a play area, multi-sports court, four tennis courts and football and cricket pitches. Edgwarebury Park is a Local Nature Reserve and a prime birdwatching site.

## King George Recreation Ground

King George Recreation Ground is the principal park in Bushey, with a number of facilities including a play area, shallow pool open during the summer months, multi-sports courts and tennis courts. The park has also won the Green Flag Award, recognising park excellence, for 12 years in a row.

## Pinner Memorial Park

Once part of the West House Estate, which at one time was the home of Lady Hamilton, Pinner Memorial Park provides plenty of green space for peaceful recreation. The park has a bowling green, children's play area and café, as well as a pond and tranquil ornamental garden.

## Queensbury Park

Located in Honeypot Lane and providing 6.8 hectares for informal recreation, Queensbury Park has a number of sports facilities, including two tennis courts and a basketball court, as well as a children's park area. There are also extensive shrub plantings and an ornamental pond.

## Mill Hill Park

Mill Hill Park is an expansive family park with ornamental flowerbeds and a nature reserve, with a recently improved children's play area. Additional facilities include a basketball court, bowling greens, crazy mini-golf course, cricket pitches and a pavilion, football pitches and tennis courts. There is also a café serving hot and cold meals.

## Roe Green Park

Roe Green Park is a walled garden and has become a treasured area with the local community and visitors. The park has a sports pitch and a children's playground within its 16.8 hectares.

## Stanmore Common

Stanmore Common is a popular local nature reserve supporting a variety of wildlife and wooded areas over 48 hectares. Little Common, which adjoins it, also boasts two ponds and is an ideal picnic spot. Car parking is available in Warren Lane.



## Stanmore Country Park

Stanmore County Park is the site of a World War II training base and contains an RAF memorial. The park, which is immediately north of Stanmore town centre, has a large nature reserve and provides excellent access to the main wooded area. Broad, hard-packed or concrete paths, as well as the tarmac roads of the original training base ensure wheelchair access for visitors.



## Stonegrove Park

Stonegrove Park is a small public park between the main road and residential streets in Edgware, which includes attractive gardens, tennis and multi-play courts and facilities for children with a play area.



# Community

Health Services  
Primary Schools  
Secondary Schools  
Higher Education  
Libraries

## Health Services

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### Northwick Park Hospital

Northwick Park Hospital is a major general hospital including an A&E, £19million maternity department and major children's department.

Watford Road, Harrow, HA1 3UJ  
Telephone: 020 8864 3232

### St Mark's Hospital

St Mark's Hospital has an international reputation for its pioneering and innovative treatments and surgical techniques.

Watford Road, Harrow, HA1 3UJ  
Telephone: 020 8235 4000

### The Royal National Orthopaedic Hospital (Stanmore)

RNOH is the largest specialist orthopaedic hospital in the UK and regarded as a leader in the field of orthopaedics both in the UK and world-wide.

Brockley Hill, Stanmore HA7 4LP  
Telephone: 020 8954 2300

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## Primary Schools

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### Aylward Primary School

Aylward Primary School was launched in April 2008 for 3-12 year olds. Aylward is a primary school with nursery class. The school has a total of 480 pupils and offers a wide range of life experiences. The Key Stage 2 Test Results 2010 showed that 80% achieved Level 4 or above in both English and Mathematics.

Pangbourne Drive, Stanmore,  
Middlesex, HA7 4RE

### Dr Gould & partners

William Drive, Stanmore Park,  
Middlesex, HA74FZ  
Telephone: 0208 951 3888

### Stanmore Surgery

71 Elm Park, Stanmore,  
Middlesex, HA74AU  
Telephone: 020 8954 4151

### Watling Medical Centre

42 London Road, Stanmore,  
Middlesex, HA74NU  
Telephone: 020 8958 4237

### Stanmore Medical Centre

85 Crowshott Avenue,  
Stanmore, Middlesex, HA71HS  
Telephone: 0208 951 3888

### Michael Sobell Sinai School

The Michael Sobell Sinai School is the largest Jewish primary school in Europe. Located in Kenton, the co-educational voluntary-aided school teaches children aged 3-11. The school follows the National Curriculum and teaches a love of and commitment to Orthodox Judaism and Israel.

Shakespeare Drive, Kenton,  
HA3 9UD

### Rosh Pinah Primary School

Founded in 1956, Rosh Pinah Primary School is a large two-form entry Orthodox Jewish Primary School. In the heart of the thriving Edgware Jewish Community, it is a school for children from Nursery to Year 6. It operates on two sites roughly one mile apart, with the Early Years Unit in Mowbray Road housing Nursery and Reception and Years 1 to 6 taught at the Main School in Glengall Road.

Mowbray Road, Edgware,  
Middlesex, HA8 8JL

## Secondary Schools

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### Harrow School

Harrow School is a full boarding school for boys aged 13-18, specialising in providing a high quality education. Harrow School is located in Harrow-on-the-Hill and founded in 1572 under a Royal Charter granted by Queen Elizabeth I to a local landowner, John Lyon. Harrow School attracts pupils from all over the world and has an enrolment of approximately 800 boys spread across twelve boarding houses, all of whom board full time. The Harrow Diploma was accredited by Edexcel in 2009. In each of the seven areas pupils have to achieve a defined minimum level and it is expected that in a typical year 60% of boys will achieve the Diploma.

5 High Street, Harrow on the Hill,  
Middlesex, HA1 3HP

### Merchant Taylors' School

Merchant Taylors' School is an independent day school for boys, aged 11-18 in Northwood, with over 800 pupils. The school has provided outstanding educational opportunities to boys in the London area since 1561. Merchant Taylors' was one of the original nine English Public Schools and is an exceptional learning community.

Sandy Lodge, Northwood,  
Middlesex, HA6 2HT

### North London Collegiate

North London Collegiate is an independent day school for girls from the ages of 4 – 18 in Harrow. Many new developments have been created at the 30 acre site, which include a library, sports centre, indoor swimming pool, music school and a new performing arts centre. Academic standards are very high and the examination results obtained are outstanding. The school also has a strong musical tradition, where 500 girls learn an instrument, as well as providing extra-curricular activities such as the Duke of Edinburgh's Award Scheme.

Canons, Canons Drive, Edgware,  
Middlesex, HA8 7RJ

## Higher Education

### Hendon Campus of Middlesex University

Offering a wide range of undergraduate and postgraduate degrees, Middlesex University teaches 35,000 students on its flagship campus in Hendon. Located within five miles of Stanmore Place by road, Hendon is Middlesex University's busiest and most popular campus.

Middlesex University, The Burroughs,  
Hendon, London NW4 4BT

### Stanmore College

Stanmore College provides education to an average of 1,200, 16-19 year old school leavers from the Borough of Harrow. The college facilitates learning from Further Education to part-time courses for adults and Employer Training, with students following a programme of Advanced, Intermediate or Foundation studies. The college also offers a comprehensive special needs programme.

Elm Park, Stanmore,  
Middlesex HA7 4BQ

## Libraries

### Gayton Library

Gayton Library has something to suit everyone's reading needs, from babies through to adults. This large lending library has a wide range of books, music and DVDs.

Garden House, 5 St John's Road,  
Harrow, HA1 2EE

### Stanmore Library

Situated near the Broadway shops, Stanmore Library is Harrow's largest and busiest branch library. Alongside a wide and varied collection of books, Stanmore Library houses a vast selection of music CDs and has a large and lively children's section.

8 Stanmore Hill, Stanmore,  
Middlesex, HA7 3BQ



## Culture and entertainment

Harrow Arts Centre  
Lava Lanes & Lounge  
Radlett Centre  
The Royal Air Force Museum

Watford Palace Theatre  
Wembley Arena  
Wembley Stadium

## Harrow Arts Centre

Harrow Arts Centre is the centre of performing and classical arts for Harrow and the surrounding areas, offering the community a variety of entertainment from both professional and amateur companies. As the only dedicated performing arts venue in the borough, the Harrow Arts Centre has an educational and accessible programme of activities, upcoming classes and workshops.

[www.harrowarts.com](http://www.harrowarts.com)

## Lava Lanes & Lounge

Looking to bring Hollywood to Stanmore, Lava Lanes provides a unique bowling experience for all its visitors, providing the luxury of bowling, a cocktail bar and Italian restaurant all under one roof. Lava Lanes provides a modern Ten Pin experience, with specially designed lanes encompassing glow in the dark, ultra violet lighting and high definition video projection screens. Exciting cocktails by Alessandro, a renowned mixologist who has created cocktails for some of London's leading bars, and a premium dining experience add to an evening's entertainment.

[www.lavalanes.co.uk](http://www.lavalanes.co.uk)

## Radlett Centre

The Radlett Centre provides kids entertainment, theatre, art and music, with a number of productions each month. The Centre can also be hired for events such as birthday and wedding celebrations.

[www.radlettcentre.co.uk](http://www.radlettcentre.co.uk)

## The Royal Air Force Museum

The Royal Air Force Museum provides a great free day out for the family and aircraft enthusiasts, with over 100 aircraft from around the world. The museum is one of London's premier tourist attractions and also houses the Milestones of Flight Exhibition, where high viewing areas and state-of-the-art interactive technology take visitors through some of the most important milestones in aviation history.

[www.rafmuseum.org.uk](http://www.rafmuseum.org.uk)



Watford Palace Theatre, Watford

## Watford Palace Theatre

The Watford Palace Theatre has been producing work for over 100 years at this 600 seat Edwardian Grade II listed building. Watford Palace Theatre commissions, creates and presents high-quality theatre and offers modern and accessible facilities including its own rehearsal room and wardrobe and scenic workshop.

[www.watfordtheatre.co.uk](http://www.watfordtheatre.co.uk)

## Wembley Arena

Wembley Arena hosts sell out shows and one-off UK tour dates from major recording artists each year. Wembley Arena was the UK's flagship live music venue when it first opened in 1934 and has hosted some of the greatest music acts of all time including Madonna, The Who and The Beatles. The Arena is also a sports and entertainment venue and has held a number of ice skating shows and sporting events such as Masters Snooker and Premier League Darts, as well as family and comedy shows.

[www.wembleyarena.co.uk](http://www.wembleyarena.co.uk)



Wembley Stadium, Wembley



## Wembley Stadium

The home of football, Wembley Stadium opened in 2007, having been built on the site of the previous 1923 stadium at a cost of nearly £800 million. This 90,000 capacity stadium is the second largest in Europe and is the national stadium for the England football team and FA Cup final. The stadium also holds a number of music concerts throughout the year.

[www.wembleystadium.com](http://www.wembleystadium.com)



## Shopping

Brent Cross Shopping Centre  
The Harlequin Centre  
Stanmore Broadway  
The Broadwalk Centre



## Brent Cross Shopping Centre

Brent Cross Shopping Centre offers something for everyone when it comes to fashion and food, with over 120 shops, cafés and restaurants. Brent Cross was the first major indoor shopping centre to be opened in the UK in 1976 before it was extended and refurbished in 1995. There are a wide array of shops, which include John Lewis, Marks & Spencer and Fenwick. Brent Cross also has a free multi-storey car park for up to 8,000 cars.

Hendon, London, NW4 3FP

Telephone: 020 8202 8095 [www.brentcross.co.uk](http://www.brentcross.co.uk)

## The Harlequin Centre

The Harlequin Centre is the biggest shopping centre in Hertfordshire. Based in the centre of Watford, it contains over 140 shops, which include John Lewis, BHS and Next. The Harlequin Centre first opened in 1992 and is now visited by over 17 million customers each year. The centre has three car parks with direct access to the shopping centre, with over 2,000 car parking spaces.

201 The Harlequin, Watford, Hertfordshire WD17 2UB

Telephone: 01923 250 292 [www.theharlequin.uk.com](http://www.theharlequin.uk.com)

## Stanmore Broadway

Lining the high streets in Stanmore is a wide array of shops, bars and restaurants. When it comes to dining out, Stanmore Broadway caters to all tastes with the Appolonia restaurant serving a lively mix of European and Thai cuisine, along with the popular pasta franchise Prezzo and Pizza Express. There are a number of specialist shops, which include Adams Eyecare, Care Chemist, Martin Gold Hairdressing Salon and Daniel Footwear. National stores in the High Street include Sainsbury's Supermarket and Boots and if you want a break from shopping, there's the Lava Lanes & Lounge, described as "Stanmore's first bowling lounge".



## The Broadwalk Centre

The Broadwalk Centre in nearby Edgware has over 40 shops and cafés, all under the comfort of one roof. The Centre was constructed in 1990 and provides prime shopping in the very heart of Edgware, housing independent retailers such as David Deyong and national stores such as Sainsbury's, Boots and WH Smith across 199,000 sq ft. The Broadwalk Centre has over 1,100 parking spaces.

Centre Management, Station Road, Edgware, HA8 7BD  
Telephone: 020 8905 6303 [www.thebroadwalkcentre.co.uk](http://www.thebroadwalkcentre.co.uk)

## Health and fitness

Barnet Burnt Oak Leisure  
Centre  
David Lloyd Leisure Centre  
Fitness First

Harrow Leisure Centre  
Stanmore Golf Club  
Movers & Shapers  
Village Hotel London Elstree

## Barnet Burnt Oak Leisure Centre

Barnet Burnt Oak Leisure Centre provides a range of activities for all ages and abilities, with its facilities including a fitness centre, sports hall, adult and junior football pitches and tennis courts.

Watling Avenue, Edgware, London, HA8 0NP

Telephone: 020 8201 0982

## David Lloyd Leisure Centre

Located in Bushey, the David Lloyd Leisure Centre is fitted with the very latest machines and free weights. Accompanying the gym facilities, there are also two swimming pools, while fans of tennis will be pleased with the 19 indoor and outdoor tennis courts. Relaxation comes from a steam room, sauna and whirlpool. Every week there are over 120 classes including Tai Chi, kickboxing and salsa, which cater to people of all abilities. Children are also welcome, with a huge range of activities for kids including arts and crafts, gardening, tennis and swimming.

Hartspring Lane Bushey Watford, Hertfordshire, WD23 2DL

Telephone: 01923 213760 [www.davidlloyd.co.uk](http://www.davidlloyd.co.uk)

## Fitness First

Containing all the latest gym equipment and a number of classes, Fitness First in nearby Harrow is part of the world's largest health and fitness group and provides the perfect opportunity to achieve your fitness or weight loss goals.

632-640 Kingsbury Road, City of London, Greater London, NW9 9HN

Telephone: 0844 571 2889 [www.fitnessfirst.co.uk](http://www.fitnessfirst.co.uk)

## Harrow Leisure Centre

Harrow Leisure Centre provides plenty of opportunities when it comes to keeping fit with a wide variety of facilities on offer. There are two indoor pools, a fitness centre, eight squash courts, a combat room and rock climbing wall. There is a café to relax and the leisure centre also has a crèche, with activity rooms.

Christchurch Ave, Harrow, HA3 5BD

Telephone: 020 8901 5980



Stanmore Golf Club, Stanmore



## Stanmore Golf Club

Over 100 years old, Stanmore Golf Club is a members' club with a challenging and picturesque course, providing a good test for golfers of all abilities across its 18 holes. Visitors and new members are welcome and several styles of golf lessons are also offered.

29 Gordon Avenue, Stanmore, Middlesex, HA7 2RL

Telephone: 0208 954 2599 [www.stanmoregolfclub.co.uk](http://www.stanmoregolfclub.co.uk)

## Movers & Shapers

Located in Church Road, this was Movers & Shapers' first boutique and opened in 2007, building up a great community of clients who head for twice weekly sessions to tone up, energise and lose weight. Movers & Shapers caters to everyone, whatever their age, lifestyle or fitness level.

15 Church Road, Stanmore, Middlesex HA7 4AR  
Telephone: 020 8954 9554 [www.moversandshapers.net](http://www.moversandshapers.net)



## Village Hotel London Elstree – Health & Fitness Club

The Village Health & Fitness Club in Elstree has all the latest technogym equipment, including a full-length 25 metre heated swimming pool, whirlpool spa and sauna. A variety of different classes are also held in the Aerobic Studio.

Centennial Avenue, Elstree, Hertfordshire, WD6 3SB  
Telephone: 0844 980 0302  
[www.village-hotels.co.uk/hotels/london-elstree/health-club](http://www.village-hotels.co.uk/hotels/london-elstree/health-club)





## Location map

### Restaurants

1. Appolonia
2. Café Bukushi
3. Grim's Dyke Hotel Restaurant
4. Incanto
5. Madison's Deli
6. Maurya
7. Pizza Express
8. Prezzo
9. Spice Rack
10. St James

### Parks and open spaces

11. Canons Park
12. Edgwarebury Park
13. King George Recreation Ground
14. Mill Hill Park
15. Pinner Memorial Park
16. Queensbury Park
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### Culture and entertainment

21. Harrow Arts Centre
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24. The Royal Air Force Museum
25. Watford Palace Theatre
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### Shopping

28. Brent Cross Shopping Centre
29. The Harlequin Centre
30. Stanmore Broadway
31. The Broadwalk Centre

### Health and fitness

32. Fitness First
33. Harrow Leisure Centre
34. Barnet Burnt Oak Leisure Centre
35. Movers & Shapers
36. Stanmore Golf Club
37. Village Hotel London Elstree
38. David Lloyd Leisure Centre



## Your local numbers

### In an emergency call: 999

Dental emergencies: 020 3402 1312

Harrow Police Station (non-emergency): 020 8423 1212

Stanmore Fire Services (non-emergency): 020 7584 4722

NHS Direct: 0845 4647

Harrow Council: 020 8863 5611